

Blessing Backpack Shopping List

- Hand Wipes - travel size
- Hand sanitizer - travel size
- Toothbrush & Toothpaste Kit - travel size
- Sunblock (30 or 50 spf) - travel size Lip Balm
- First Aid Kit - travel size
- Small Bar Soap
- Razors – gender neutral
- Hand Lotion – gender neutral - travel size
- Kleenex- travel size
- Hair Brush – gender neutral
- Deodorant (Armor Hammer, etc.) – gender neutral - travel size
- Socks (ankle high or calf high)
- Beanie (unisex)
- Mittens (unisex)
- Rain Poncho
- Mini LED flashlight (3-AAA)
- Snacks, i.e. granola bars, nuts, beef jerky, fruit snacks, etc.
- Bottled waters 16 oz
- Energy drink powder packs (Gatorade, etc.)
- V-8 Juice - original (5.5 oz can)
- \$10.00 gift cards to McDonald's, Taco Bell, Subway, etc ...
- Feminine Pads
- Tampons



Josh's Heart, Inc.
In Memory of Joshua Brent Moore

We have created Josh's Heart, in memory of Joshua Brent Moore, who died August 12, 2016, from complications due to alcoholism. He was just 32 years old.

www.joshsheart.org

